# Sefton Infants School - Learning at Home - Kindergarten Term 1



Some simple things you can do to help with school learning at home. Do at least <u>one</u> activity from each box each day:

#### Talking and Listening

Have your child practise:

- \* Singing chants, nursery rhymes or songs with you. Have your child identify the rhyming words of these songs.
- \* Follow and give simple directions or instructions for basic tasks.
- \* Recalling their favourite part or retelling what happened in:
- family events
- favourite stories
- YouTube or TV shows

# English

#### Writing

- \* Have your child practise tracing or writing their name correctly. If they know their first name, they can practise their last name.
- \* Write labels for everyday home items with your child.
- \* Draw pictures of events, people, favourite things, etc. and try to write a short sentence about it with your help.
- \* Help your child write in a diary each day. Read it each day.
- \* Copy lower-case letters of the alphabet.
- \* Spell common words with magnetic letters or letter cards

#### Reading

- \* Read with your child every day. Ask questions about the illustrations and story. Have you child draw the beginning, middle and end of the story.
- \* Practise reading common words in the home environment. Find common words or known letters in books or cut out of magazines.
- \* Label simple home items (e.g. bed, table, etc.) Practise reading these labels with your child.
- \* Play games like memory with common words or family names on cardboard or paper.

## Maths

#### Number

- \* Practise counting forwards to 30 and backwards from 20.
- \* Collect groups of 10 or 20 home items (e.g. pegs, blocks). Practise counting.
- \* Make or draw groups of objects 0 -10 and write the number to match.
- \* Play any board or dice games that need counting.

#### Geometry

- \* Find and draw 2D shapes in the home environment. (For example, squares, circles, rectangles, triangles)
- \* Practise or make your own jigsaw puzzles.
- \* Make models with 3D objects like toilet roll holders, cereal boxes. Talk about the models.
- \* Draw patterns with straight, curved and zig zag lines.

## Measurement

- \* Pick three different items at home and order them according to length or mass or area/size. Label the items. (e.g. long, longer, longest)
- \* Practise reading o'clock time on a clock face. Make a clock with cardboard.
- \* Practise saying the names of the days of the week. Keep a calendar to cross off days.

# Physical Education and Personal Development

## **Movement Skills**

- \* If possible, practise one of the following skills each day:
- one-legged balance
- run
- skip (no rope)
- hop
- catch
- underarm throw
- kick stationary ball

#### **Fine Motor Skills**

- \* Practise one of the following skills each day:
- practise tying shoe laces and using zips
- cutting and pasting shapes drawn on paper or in magazines
- colouring in
- threading beads or paper with holes on string
- using pegs, play dough
- building with lego or blocks
- using a paintbrush with water (no paint) on concrete.

# **Home Tasks**

- \* Have your child help with:
- washing and folding clothes
- setting and clearing dinner table
- organising toys
- cleaning their bedroom
- sweeping

OR any other simple home chores.

Talk together while you are doing the chores.