# **Sefton Infants School**

# Anti-bullying Plan 2018

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: https://antibullying.nsw.gov.au/) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## Sefton Infant School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Each term	Behaviour code for students
Fortnightly	School rule reminders
T3 Wk 4,6,8	Stop Think Do - Strategy Reminders



### 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
ΠWkl	Safe Respectful Learner - School rules and expectations/Student Discipline and Anti-bullying Policy
T2 Wk 8	Stop Think Do - Social Skill Program
T3 Wk 8	'No Go Tell' Strategy

#### 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- Information on the Sefton Infants School Student Discipline Policy and Anti-Bullying Policy is provided in a handout to staff when they enter on duty at the school.
- The principal or executive staff member speaks to new and casual staff when they enter on duty at the school.
- The school's induction process for new staff includes orientation to school's Anti-bullying Policy and Procedures.

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

#### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Che-	ck the boxes that apply.
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School Anti-bullying Plan	NSW Anti-bullying website	☑ Behaviour Code for Students
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## 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
TI Wk 3	Parent Meet and Greet - Defining bullying/School behaviour code and strategies
T3 Wk 4	School newsletter - Defining bullying - Summary of school policy and procedures
T3 Wk 6	Stop Think Do - Explanation in newsletter, website and parent workshop

## 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- \* Effective whole-school behaviour and social skill programs provide a framework for Sefton Infants School to support positive behaviour for all students and for groups of students or individual students who require more intensive and individualised support.
- \* A strong focus on building a positive school culture that both respects and values difference is an essential feature of anti-bullying strategies at the school.
- \* Explicit teaching of pro-social skills across the curriculum, as well as teaching cooperative and relational skills that support social emotional behaviour. Specific teaching of social skills such as assertiveness, conflict resolution, communication, negotiation and cooperation in formal lessons and incidentally as situations arise.

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